

5.1.3. Capacity building and skills enhancement initiatives taken by the institution.

Name of Programme	Year of Implementation	Number of Students Enrolled	Name of the Agencies involved with contact details
1) International Yoga Day	2021-22	100	Department of Physical Education
2) Physical Fitness Test	2021-22	800	Department of Physical Education
3) 75 caror Surya Namaskar Programme of 21 Day	2021-22	52	Department of Physical Education
4) Guest Lecture arranged on Indian Women Contribution in Sports	2021-22	250	Department of Physical Education
5) Guest Lecture arranged on Carrere in Sports Management	2021-22	280	Department of Physical Education
6) 7 Days National Level Yoga Workshop Cum Seminar (Online Mode)	2021-22	150	Department of Physical Education